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## LEARN THE SIGNS & SYMPTOMS OF A CONCUSSION

#### PHYSICAL SYMPTOMS



Loss of consciousness



Dazed look



Headache



Pressure in the head



**Dizziness** 



Blurred or double vision



Nausea or vomiting



**Drowsiness** 



Difficulty with balance



Sensitivity to noise or light



Slowed reaction times



Changes in sleeping patterns

#### **BEHAVIORAL CHANGES**



Depression



Sadness



ness Irritability



Decreased interest in social activity



Nervousness



Involuntary or uncontrollable outbursts

### **MEMORY DEFICIENCIES**



Difficulty remembering



Slower to answer questions



Difficulty concentrating



Feeling foggy



Amnesia

